

VEGAN by culiraw

CHEESECAKES

Seven Signature Flavors

VEGAN CHEESECAKES

NUTRITION FACTS



Original Cheesecake

Ingredients: water, *oats, *coconut oil, *cashews, *almond butter (dry roasted almonds), *coconut cream, *dates, *agave, *lime juice, Madagascar pure vanilla extract (vanilla bean extractives in water, 35% alcohol), sea salt *organic

Nutrition Facts: Calories 430 Total Fat 34g (44%), Saturated Fat 19g (95%), Trans Fat 0g, Cholesterol 0g, Sodium 95mg (4%), Total Carbohydrate 26g (9%), Dietary Fiber 5g (16%), Total Sugars 7g, Includes 0g Added Sugar, Protein 8g, Vitamin D 0g (0%), Calcium 94mg (8%), Iron 3mg (15%), Potassium 347mg (8%)

Weight: 114g (4oz) - 1 Serving 114g

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Strawberry Cheesecake

Ingredients: water, *dates, *coconut oil, *cashews, *sunflower seeds, *agave, *coconut, *oats, *carob, *lemon juice, *freeze dried strawberries, Madagascar pure vanilla extract (vanilla bean extractives in water, 35% alcohol). *organic

Nutrition Facts: Calories 430 Total Fat 34 (43%), Saturated Fat 18g (92%), Trans Fat 0g, Cholesterol 0g, Sodium 5mg (0%), Total Carbohydrate 30g (11%), Dietary Fiber 6g (20%), Total Sugars 16g, Includes 0g Added Sugar, Protein 7g, Vitamin D 0g (0%), Calcium 78mg (6%), Iron 3mg (15%), Potassium 401mg (8%)

Weight: 114g (4oz) - 1 Serving 114g

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Chocolate Cheesecake

Ingredients: *dates, water, *coconut oil, *walnuts, *oats, *cashews, *cacao. *organic

Nutrition Facts: Calories 410 Total Fat 26 (34%), Saturated Fat 13g (67%), Trans Fat 0g, Cholesterol 0g, Sodium 0mg (0%), Total Carbohydrate 41g (15%), Dietary Fiber 7g (23%), Total Sugars 24g, Includes 0g Added Sugar, Protein 5g, Vitamin D 0g (0%), Calcium 56mg (4%), Iron 2mg (10%), Potassium 471mg (10%)

Weight: 114g (4oz) - 1 Serving 114g

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Blueberry Cheesecake

Ingredients: water, *cashews, *dates, *coconut oil, *oats, *agave, *cacao, *lime juice, *freeze dried blueberries, Madagascar pure vanilla extract (vanilla bean extractives in water, 35% alcohol), sea salt *organic

Nutrition Facts: Calories 410 Total Fat 30 (38%), Saturated Fat 16g (81%), Trans Fat 0g, Cholesterol 0g, Sodium 100mg (4%), Total Carbohydrate 31g (11%), Dietary Fiber 5g (16%), Total Sugars 14g, Includes 0g Added Sugar, Protein 7g, Vitamin D 0g (0%), Calcium 65mg (4%), Iron 3mg (15%), Potassium 398mg (8%)

Weight: 114g (4oz) - 1 Serving 114g

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Mango Cheesecake

Ingredients: water, *cashews, *dates, *coconut oil, *oats, *agave, *almonds, *lemon juice, *freeze dried mango, Madagascar pure vanilla extract (vanilla bean extractives in water, 35% alcohol). *organic

Nutrition Facts: Calories 410 Total Fat 30 (39%), Saturated Fat 16g (80%), Trans Fat 0g, Cholesterol 0g, Sodium 5mg (0%), Total Carbohydrate 30g (11%), Dietary Fiber 4g (14%), Total Sugars 14g, Includes 0g Added Sugar, Protein 7g, Vitamin D 0g (0%), Calcium 66mg (6%), Iron 3mg (15%), Potassium 367mg (8%)

Weight: 114g (4oz) - 1 Serving 114g.

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Raspberry Chocolate Cheesecake

Ingredients: water, *dates, *coconut oil, *sunflower seeds, *cashews, *oats, *agave, *carob, *cacao, *lemon juice, Madagascar pure vanilla extract (vanilla bean extractives in water, 35% alcohol), sea salt *organic

Nutrition Facts: Calories 430 Total Fat 31 (40%), Saturated Fat 17g (86%), Trans Fat 0g, Cholesterol 0g, Sodium 95mg (4%), Total Carbohydrate 38g (14%), Dietary Fiber 7g (24%), Total Sugars 22g, Includes 0g Added Sugar, Protein 7g, Vitamin D 0g (0%), Calcium 69mg (6%), Iron 2mg (15%), Potassium 460mg (10%)

Weight: 114g (4oz) - 1 Serving 114g

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Peanut Butter Chocolate Cheesecake

Ingredients: water, *dates, *oats, *coconut oil, *peanut butter, *cashews, *cacao, *agave, *cacao butter, Madagascar pure vanilla extract (vanilla bean extractives in water, 35% alcohol), sea salt *organic

Nutrition Facts: Calories 340 Total Fat 26g (33%), Saturated Fat 14g (70%), Trans Fat 0g, Cholesterol 0g, Sodium 95mg (4%), Total Carbohydrate 39g (14%), Dietary Fiber 6g (23%), Total Sugars 19g, Includes 0g Added Sugar, Protein 9g, Vitamin D 0g (0%), Calcium 51mg (4%), Iron 2mg (10%), Potassium 444mg (10%)

Weight: 114g (4oz) - 1 Serving 114g

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Lemon Raspberry Cheesecake

Ingredients: water, *cashews, *GF oats, *coconut oil, *banana, *lemon juice, *freeze dried raspberries, *lemon peel, *allulose granule, *sea salt, *vanilla, *almond extract (water, organic alcohol, bitter almond oil). *organic

Nutrition Facts: Calories 390 Total Fat 30g (38%), Saturated Fat 15g (77%), Trans Fat 0g, Cholesterol 0g, Sodium 100mg (4%), Total Carbohydrate 26g (9%), Dietary Fiber 4g (14%), Total Sugars 4g, Includes 0g Added Sugar, Protein 8g, Vitamin D 0g (0%), Calcium 30mg (2%), Iron 2.9mg (15%), Potassium 330mg (6%)

Weight: 114g (4oz) - 1 Serving 114g.

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Carrot Cheesecake

Ingredients: *carrots, *dates, *walnuts, *coconut, *cashews, *coconut oil, water, *coconut cream, *agave, *lemon juice, *cinnamon, *vanilla *organic

Nutrition Facts: Calories 410 Total Fat 33g (43%), Saturated Fat 19g (94%), Trans Fat 0g, Cholesterol 0g, Sodium 25mg (1%), Total Carbohydrate 28g (10%), Dietary Fiber 6g (21%), Total Sugars 17g, Includes 0g Added Sugar, Protein 6g, Vitamin D 0g (0%), Calcium 70mg (6%), Iron 2mg (10%), Potassium 480mg (10%)

Weight: 114g (4oz) - 1 Serving 114g.

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